



Program Name	Description
Circles ofStrength	This program provides ongoing opportunities for those who are bereaved to connect, to share their experiences in a supportive environment and to learn strategies that can assist them in coping with their grief. Find more information at https://lumarasociety.org/circles-of-strength/
Counselling Appointments with District Clinical Counsellor	The District Clinical Counsellor will be available for appointments on Monday afternoons. Appointments are based on referrals through your school counsellor or the Nurse Practitioner.
Drop-in Support with our Health Promotion Worker	Do you have concerns about your mental or sexual health, relationships or substance use? Worried about a friend? Come and chat with Maya. Just drop in at the Wellness Centre (back right corner) or make an appointment on Teams. medwardson@sd40.bc.ca
Immunization Clinic	Are you and your children up to date with Immunization? The Fraser Health Regional Immunization Outreach Team is available to administer immunizations. No registration is required. If you have any questions or need more information about immunization, there are 2